

SUNDAY

- 9:30AM Surrender To Live (O, WC &)** C. Waldo Scott Center, 3100 Wickham Avenue, Newport News, VA (*Dee W. 757-503-0739 - Tony H. 757-696-6654*)
- NOON Faith (O, WC &)** Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (*Malcolm 757-593-6581 Henry 757-532-8814*)
- 2:00PM Living Clean (O)** 7603 Hospital Drive, Gloucester, VA (*Sam B. 804-296-8592 Dan G. 804-815-7699*)
- 3:00PM Write to Recover (C, NC, WR)** Mary Immaculate Hospital, Community Health and Resource Center, 2 Bernardine Drive, Newport News, VA (*Craig W. 845-642-5043*)
- 7:00PM A Gift Called Life (O, WC &)** Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (*Johnnie 757-869-4890 Nadine 757-751-4680*)
- 7:00PM The Lie Is Dead (O, WC &)** North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton, VA (*Ed P. 757-303-8609*)
- 7:30PM Recovery Group (O, WC &)** Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (*William S. 757-236-6170 Dave R. 757-218-2595*)
- 8:00PM Nature Of Recovery (O, WC &)** 5477 Mooretown Road, Williamsburg, VA (*Ron L. 757-880-3826 Terry W. 757-719-6392*)

MONDAY

- 9:30AM Trust The Process (O, WC &)** St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA (*Qadeer 757-344-1284 Lilly 757-236-8921*)
- NOON A Meeting at Lunch (O, VAR, WC &)** First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (*Deborah R. 757-238-0330 Eugene 757-243-6845*)
- NOON High Noon (O, WC &)** Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (*Teresa F. 757-269-1707 Mildred D. 757-236-9021*)
- 3:00PM Change I Must Or Die I Will (O, WC &)** Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd, Hampton, VA (*Kathy A. 757-897-7699 Jimmy W. 757-257-0843*)
- 6:00PM I Can't We Can (O, IP, SPK, AB)** C. Waldo Scott Center, 3100 Wickham Ave, Newport News, VA
- 7:00PM Honesty Group (O, BT, SPK, STEP, WC &)** Ivy Memorial Baptist Church, 2200 Coliseum Dr., Hampton, VA (*Yvonne W. 757-256-7858 Ernest 908-494-2383*)

MONDAY (CONT)

- 7:00PM New Attitude (O, WC &)** 3509 Chestnut Avenue, Newport News, VA (*Vet 747-849-8808 Rose F. 757-593-0104*)
- 7:00PM Women in Recovery (O)** St. Martin's Church, 3279 Lake Powell Rd, Williamsburg, VA (*Erin 571-224-6615*)
- 7:30PM In Step (O)** Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy, Yorktown, VA (*Brendan R. 757-802-5695*)
- 7:30PM The Out of Ordinary Meeting (O, IW, WC &, LIT)** White Marsh Baptist Church, 5123 George Washington Memorial Highway, Gloucester, VA (*Dan G. 804-815-7699 Sam B. 804-296-8592*)
- 8:30PM Who is an Addict? (O)** 3279 Lake Powell Road, Williamsburg, VA (*Lindsey V. 757-291-2530*)

TUESDAY

- 9:30AM Trust The Process (O, WC &)** St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA (*Qadeer 757-344-1284 Lilly 757-236-8921*)
- NOON A Meeting at Lunch (O)** First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (*Deborah 757-238-0330 Eugene 757-243-6845*)
- NOON High Noon (O, WC &)** Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (*Teresa F. 757-269-1707 Mildred D. 757-236-9021*)
- 5:30PM Serenity Group (O, WC &)** Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (*Beverly A. 757-753-6868 Jeanette 757-594-3414*)
- 7:00PM A Proven Program (O)** York River Baptist Church, 8201 Croaker Road, Williamsburg, VA (*Dave H. 757-207-1154 John P. 757-235-9300*)
- 7:00PM We Can Change (O)** First Church of Newport News, 2300 Wickham Avenue, Newport News, VA (*Harvey 757-926-9138 Plummer 757-696-3416 Albert W. 757-597-8697*)
- 7:30PM New Genesis Group (O)** Weslley United Methodist Church, 2510 N. Armistead Avenue, Hampton, VA (*Gayle B. 757-597-1531 Cameron 757-561-3343*)
- 7:30PM Young, Clean & Living (O)** North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane, Hampton, VA (*Chris L. 757-592-2170*)
- 8:00PM A New Way of Life (O, JFT)** 7603 Hospital Drive, Gloucester, VA (*Dan G. 804-815-7699 Sam B. 804-296-8592*)

TUESDAY (CONT)

- 8:15PM Let's Recover Together (O, WC &)** Hampton Christian Church, 151 East Mercury Boulevard, Hampton, VA (*Tim E. 757-725-4636 Chris G. 760-984-4914*)

WEDNESDAY

- 9:30AM Trust The Process (O, WC &)** St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA (*Qadeer 757-344-1284 Lilly 757-236-8921*)
- NOON A Meeting at Lunch (O)** First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (*Deborah 757-238-0330 Eugene 757-243-6845*)
- NOON High Noon (O, WC &)** Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (*Teresa F. 757-269-1707 Mildred D. 757-236-9021*)
- NOON Recovery At Noon (O)** 3279 Lake Powell Rd, Williamsburg, VA (*Erin T. 571-224-6615*)
- 6:00PM Becoming A Winner (O)** Loving Kindness Worship Center, 2007 N. Armisted Ave., Hampton, VA (*Jacqueline G. 757-528-7041*)
- 7:00PM End Of The Road (O, WC &)** 1707 Jefferson Avenue, Newport News, VA (*Glen N. 757-268-9318 Sherri W. 757-768-1392*)
- 7:00PM Hope (O)** Warwick Conference Center, Building #6, 12420 Warwick Blvd, Newport News, VA (*Will D. 757-768-7954 David B. 757-342-2510*)
- 7:00PM Hugs Not Drugs (O, DISC)** Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Hampton, VA (*Sarah 757-727-3582 Jeff M. 912-414-3258*)
- 7:30PM Living The Program (C, WC &)** Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (*Ray D. 757-303-4533 Veronica W. 757-589-5747*)
- 8:30PM Who is an Addict? (O)** 3279 Lake Powell Road, Williamsburg, VA (*Lindsey V. 757-291-2530 Greg M. 757-645-6381*)

THURSDAY

- 9:30AM Trust The Process (O, WC &)** St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA (*Qadeer 757-344-1284 Lilly 757-236-8921*)
- NOON A Meeting at Lunch (O)** First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (*Deborah 757-238-0330 Eugene 757-243-6845*)
- NOON High Noon (O, WC &)** Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (*Teresa F. 757-269-1707 Mildred D. 757-236-9021*)

THURSDAY (CONT)

- 5:30PM The Warriors (O, WC &)** Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd, Hampton, VA (*Renee D. 757-593-4323*)
- 7:00PM Let's Get Spiritual (O, WC &)** St. Paul AME Church, 2500 Chestnut Avenue, Newport News, VA (*Debbie 757-310-2914 Teddie 757-503-0528*)
- 7:00PM We Do Recover (O, Pi, WC &, LIT)** Reformation Lutheran Church, 13100 Warwick Blvd, Newport News, VA (*Paula M. 757-506-9294*)
- 7:30PM 12 + 12 = Change!! (O, WC &)** Wesley Foundation (across from W&M soccer field), 526 Jamestown Road, Williamsburg, VA (*Mary H. 757-412-9599*)
- 7:30PM Fresh Starts for Open Hearts (O)** Poquoson Baptist Church, 283 Wythe Creek Road, Poquoson, VA
- 8:00PM Living the Dream (BT)** 7603 Hospital Drive, Gloucester, VA (*Dan G. 804-815-7699 Travis S. 804-694-6629*)
- 8:00PM Time To Surrender (O, WC &)** North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane, Hampton, VA (*Eddie H. 757-268-7903*)

FRIDAY

- 9:30AM Trust The Process (O, WC &)** St. Augustine's Episcopal Church, 2515 Marshall Avenue, Newport News, VA (*Qadeer 757-344-1284 Lilly 757-236-8921*)
- NOON A Meeting at Lunch (O)** First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (*Deborah 757-238-0330 Eugene 757-243-6845*)
- NOON High Noon (O, WC &)** Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (*Teresa F. 757-269-1707 Mildred D. 757-236-9021*)
- 6:00PM How & Why (C, WC &)** Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (*Tee J. 757-788-9475*)
- 6:30PM Change We Must (O, WC &)** Living Faith Christian Center, 14901 Warwick Blvd, Newport News, VA (*Danny A. 757-696-2318 Darlene A. 757-998-1177*)
- 7:00PM Keep Coming Back (O, WC &)** Newport News Community Center, 605 South Avenue, Newport News, VA (*Lorenzo 757-320-6224*)
- 7:30PM Closer To Home (O, DISC, WC &)** Riverside Walter Reed Hospital, 7515 Hospital Drive, Gloucester, VA (*Sam B. 804-296-8592*)



NARCOTICS ANONYMOUS PENINSULA AREA MEETING LIST

APR - MAY - JUN 2018

(Printed January 20, 2019)

P.O. Box 16009
Newport News, VA 23608
www.peninsulaareana.org

Central Atlantic Regional Helpline

1-800-777-1515

www.car-na.org

Tidewater Area Helpline

1-866-972-5055

tidewaterareana.org

NA World Services Office

www.na.org

**Our Gratitude Speaks,
When We Care and When We Share
With Others the NA Way**

Meeting Format Key			
AB	Ask-It-Basket	BT	Basic Text
C	Closed	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
NC	No Children	O	Open
Pi	Pitch	SPK	Speaker
STEP	Step	TOP	Topic
VAR	Format Varies	WC &	Wheelchair
WR	Writing Meeting		

Just For Today

Tell yourself:

JUST FOR TODAY:

My thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY:

I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY:

I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY:

Through NA, I will try to get a better perspective on my life.

JUST FOR TODAY:

I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

PHONE NUMBERS

PASCNA SERVICE COMMITTEES

Peninsula Area Service Committee

First Saturday of the Month 3:00 PM

Warwick United Church of Christ

10 Matoaka Lane, Newport News

Activities Subcommittee

First Saturday of the Month 2:00 PM

Warwick United Church of Christ

10 Matoaka Lane, Newport News

Sarah 757-727-3582

Hospitals & Institutions (H&I) Subcommittee

First Sunday after Area @ 2:00 pm

Riverside Behavioral Center

2244 Executive Drive, Hampton

Literature Subcommittee

First Saturday of the Month 2:00 PM

Warwick United Church of Christ

10 Matoaka Lane, Newport News

Rodney 757-503-5281

Area Inventory Subcommittee

Sunday following Area @ 1:00pm

Riverside Behavioral Center

2244 Executive Drive, Hampton

Tim B. 757-879-4883

Public Relations Subcommittee

First Saturday of each month @ 1:30pm

Warwick United Church of Christ

10 Matoaka Lane, NN

Ray D 757-303-4533

Serenity Prayer

God, grant us the serenity to accept the things we cannot change;
the courage to change the things we can;
and the wisdom to know the difference.

FRIDAY (CONT)

7:30PM Good Orderly Direction (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (*Jeff H. 757-630-3806*)

7:30PM Running On Faith (O) Carrollton Church of God, 16144 Carrollton Boulevard, Carrollton, VA (*Tim A. 757-434-7178 Ken H. 757-535-5151*)

8:00PM NOTHING TO FEAR (O, IP, SPK, TOP, WC &, AB) Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle, Williamsburg, VA (*Ryan D. 804-240-9100*)

SATURDAY

10:00AM Living Life On Life's Terms (O, WC &) Wesley Foundation, 526 Jamestown Road, Williamsburg, VA (*Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S. 804-413-4222*)

10:00AM No More Excuses (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (*Deborah R. 757-238-0330*)

NOON Women & Men In Recovery (O) Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, Newport News, VA (*Pamela H. 732-670-5887 Al W. 757-541-9218*)

5:30PM Saturday Night Live (O, WC &) First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St., Newport News, VA

6:00PM Saturday Night Alternative (O, WC &) First Presbyterian Church, 514 S. Armistead Avenue, Hampton, VA (*Jimmy R. 757-335-0921 Hawk 757-289-7663*)

7:30PM A New Approach to Life (O) North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, Hampton, VA (*Josh 757-284-9367*)

7:30PM Never Alone (O, WC &) Hillton Christian Church, 100 James River Drive, Newport News, VA (*Butch L. 757-320-3221*)