

**SUNDAY**

**9:30AM-11:00AM Surrender To Live**, , 329 Main St, Newport News, VA, 23601 **(O,WC & )** Dee 757-503-0739 Rodney F 757-503-5281

**1:00PM-2:00PM Living Clean**, A Place To Meet, Study meeting from the Living Clean book, 7055 Linda Circle, Hayes, VA, 23072 **(O,WC & ,LIT)** Paul S. 757-293-9446

**6:00PM-7:30PM Refuge Recovery**, , 504 N Main Street, Kilmarnock, VA, **(DISC,WC & ,ENG,LIT)** Dwight 804 577 3525 Delano 804 238 8167

**7:00PM-8:30PM A Gift Called Life**, Warwick United Church of Christ, , 10 Matoaka Lane, Newport News, VA, 23606 **(O,WC & )** Nadine 757-751-4680 David H 757-214-2770

**7:00PM-8:00PM A Resentment and a Coffee Pot**, St. Georges Episcopal Church, , 15446 Warwick Blvd, Newport News, VA, 23608 **(O,DISC,NS,ENG,NP)** Yahsh W 757-715-1586

**7:00PM-8:00PM Recovery Group**, Wesley United Methodist Church, , 2510 N Armistead Ave, Hampton, VA, 23666 **(O)** William S 757-236-6170 Dave R 757-218-2595

**9:00PM-10:30PM Cloud 9**, , , Williamsburg, VA, **(O,VM)** Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978

**MONDAY**

**10:00AM-11:30AM Get Back Up**, Macedonia Baptist Church, , 5500 Marshall Ave, Newport News, VA, 23605 **(IP,JFT)** Michelle C 757-759-1317

**NOON-1:30PM A Meeting at Lunch**, First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Hampton, VA, 23669 **(O,VAR,WC & )** Eugene 757-358-1709 Bryan 267-939-6415

**NOON-1:30PM Check up From the Neck Up**, , , Hampton, VA, 23666 **(O,VM)** Hanifah 571-546-4684 Zoom ID: 433 872 046 P.W. cunu320

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, , 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** Teresa F. (757) 269-1707 Mildred D. (757) 236-9021

**5:00PM-6:30PM Women Recover Too**, , 3315 W Mercury Blvd, Hampton, VA, **(BT,IP,SPK,STEP,TRAD,W,AB)** Dottie G 267-428-9776 Denise K 757-660-1118

**6:30PM-8:00PM New Attitude**, Trinity United Methodist Church, , 228 29th St, Newport News, VA, 23607 **(O,WC & )** Rose F. 757-593-0104 Debbie S. 757-310-2914

**7:30PM-8:30PM Addicts in the Attic**, St Mark's United Methodist Church, , 99 E. Mercury Blvd., Hampton, VA, 23669 **(O,BT,DISC,VAR,TOP,LIT)** Allen M 941-564-5882 Chaz 757-349-9297

**8:30PM-9:30PM Who Is An Addict?**, Triangle Stepping Stones, , 3279 Lake Powell Rd, Williamsburg, VA, 23185 **(O)**

**9:00PM-10:30PM Cloud 9**, , , Williamsburg, VA, **(O,VM)** Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978

**TUESDAY**

**NOON-1:30PM A Meeting at Lunch**, First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Hampton, VA, 23669 **(O)** Eugene 757-358-1709 Bryan 267-939-6415

**NOON-1:30PM Check up From the Neck Up**, , , Hampton, VA, 23666 **(O,VM)** Hanifah 571-546-4684 Zoom ID: 433 872 046 P.W. cunu320

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, , 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** Teresa F. 757-269-1707 Mildred D. 757-236-9021

**5:30PM-6:30PM Serenity Group**, , , VA, 23666 **(O,VM)** Renee C. 757-637-8230 Zoom ID: 246 809 1909 Password: serenity

**7:00PM-8:00PM A New Way of Life**, A Place To Meet, , 7055 Linda Circle, Hayes, VA, 23072 **(O,JFT,WC & )** Paul S 757-293-9446 Janet P 804-466-1515

**7:00PM-8:00PM A Proven Program**, Liberty Live Church, , 8201 Croaker Road, Williamsburg, VA, 23185 **(O)** Dave H. 757-207-1154, Beth R. 804-332-4970

**7:00PM-8:00PM New Genesis**, Wesley United Methodist Church, , 2510 N Armistead Avenue, Hampton, VA, 23666 **(O,SPK,STEP,LIT)** Kayla E. 757-771-7493 Dylan B. 757-871-0958

**7:00PM-8:00PM Tuesday Night ODAT(One Day At A Time)**, , 15616 Warwick Boulevard, Newport News, VA, **(O,STEP,TOP,AB,ENG)** Eddie J 757-968-8923

**8:15PM-9:15PM Let's Recover Together**, Hampton Christian Church, , 151 East Mercury Boulevard, Hampton, VA, 23669 **(O)** Tim E. 757-725-4636 Sissy O. 661-345-3206

**9:00PM-10:30PM Cloud 9**, , , Williamsburg, VA, **(O,VM)** Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978

**WEDNESDAY**

**NOON-1:30PM A Meeting at Lunch**, First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Hampton, VA, 23669 **(O)** Eugene 757-358-1709 Bryan 267-939-6415

**NOON-1:30PM Check up From the Neck Up**, , , Hampton, VA, 23666 **(O,VM)** Hanifah 571-546-4684 Zoom ID: 433 872 046 P.W. cunu320

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, , 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** Teresa F. 757- 269-1707 Mildred D. 757-236-9021

**7:00PM-8:30PM End Of The Road**, , 1707 Jefferson Avenue, Newport News, VA, 23607 **(O,WC & )** Glen N. 757-272-5790 Ernest W. 757-367-2476

**7:00PM-8:30PM Hope**, , 10 Matoaka Ln., Newport News, VA, 23606 **(O)** Will D. 757-768-7954

**7:00PM-8:00PM Hugs Not Drugs**, Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Hampton, VA, 23669 **(O,DISC,LC)** Sarah 757-727-3582

**7:00PM-8:00PM Moment to Moment**, Tabernacle United Methodist, , 831 Poquoson Ave (front door), Poquoson, VA, **(O,ENG)** Gerri M

**7:00PM-8:00PM Who Is An Addict?**, Triangle Stepping Stones, , 3279 Lake Powell Rd, Williamsburg, VA, 23185 **(O)** Michele C 757-707-7750

**9:00PM-10:30PM Cloud 9**, , , Williamsburg, VA, **(O,VM)** Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978

**THURSDAY**

**NOON-1:30PM A Meeting at Lunch**, First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Hampton, VA, 23669 **(O)** Eugene 757-358-1709 Bryan 267-939-6415

**NOON-1:30PM Check up From the Neck Up**, , , Hampton, VA, 23666 **(O,VM)** Hanifah 571-546-4684 Zoom ID: 433 872 046 P.W. cunu320

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, , 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** Teresa F. 757- 269-1707 Mildred D. 757-236-9021

**6:30PM-8:00PM Living as Men**, Recovery Baptist Church, , 303 Blair Ave, Newport News, VA, 23607 **(O,M,VAR,WC & ,ENG,F2F,BUS)** Ernie J. 908-494-2383

**7:00PM-8:00PM Crossing Rivers**, Harmony Grove Baptist Church, , 7722 General Puller Highway, Locust Hill, VA, 23092 **(O,DISC,VAR)** Dwight N 8045773525 Delano J 8042388167

**7:00PM-8:00PM Keep the Fire Burning**, Bethany United Methodist Church, Back of church Wesley Hall, 1509 Todds Ln, Hampton, VA, 23666 **(O,CAN,DISC,SPK)** Ashli H 757-817-8721

**7:00PM-8:00PM Tradition III**, , 4871 Longhill Road, Williamsburg, VA, 23188 **(O,STEP,WC & ,ENG)** Kristen B 757-585-9371

**9:00PM-10:30PM Cloud 9**, , , Williamsburg, VA, **(O,VM)** Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978

**FRIDAY**

**NOON-1:30PM A Meeting at Lunch**, First Presbyterian Church, Leftside rear door, 514 S Armistead Ave, Hampton, VA, 23669 **(O)** Eugene 757-358-1709 Bryan 267-939-6415

**NOON-1:30PM Check up From the Neck Up**, , , Hampton, VA, 23666 **(O,VM)** Hanifah 571-546-4684 Zoom ID: 433 872 046 P.W. cunu320

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, , 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** Teresa F. 757- 269-1707 Mildred D. 757-236-9021

**7:00PM-8:15PM 12+12=Change**, Eastern Church, , 473 Merrimac Trail, Williamsburg, VA, 23185 **(O,WC &,ENG)** *Thayne F 757-603-2131*

**7:00PM-8:00PM Closer To Home**, Riverside Walter Reed Hospital, , 7519 Hospital Drive, Gloucester, VA, 23061 **(O,DISC,WC &)** *Janet P 804-466-1515*

**7:00PM-8:30PM Keep Coming Back**, Newport News Community Center, , 605 South Ave, Newport News, VA, 23601 **(O,WC &)** *Michelle H. 757-751-2528*

**7:30PM-8:30PM Good Orderly Direction**, , 10 Matoaka Ln, Newport News, VA, 23606 **(O)** *Jeff H 757-630-3806 Alex C 757-303-6049*

**9:00PM-10:30PM Cloud 9**, , Williamsburg, VA, **(O,VM)** *Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978*

**SATURDAY**

**10:00AM-11:30AM No More Excuses**, Warwick United Church of Christ, , 10 Matoaka Lane, Newport News, VA, 23606 **(O,BT,IP,IW,WC &,LC,SPAD)** *William K. 757-768-0886*

**2:00PM-3:30PM High Noon**, Recovery Baptist Church, 2nd & 4th Saturdays ONLY, 303 Blair Ave, Newport News, Virginia, 23607 **(O,BT,IW,CPT,LIT)** *Teresa F. 757-269-1707 Mildred D. 757-236-9021*

**6:00PM-7:30PM Saturday Night Alternative**, First Presbyterian Church, , 514 S Armistead Avenue, Hampton, VA, 23669 **(O,WC &)** *Denise K 757 660-1118*

**7:00PM-8:15PM Never Alone**, Hillton Christian Church, Meets at 7pm as of 2/11/23, 100 James River Drive, Newport News, VA, 23601 **(O,WC &)** *Ray D 757-303-4533*

**9:00PM-10:30PM Cloud 9**, , Williamsburg, VA, **(O,VM)** *Aerock P 757-434-3468 Suddy 336-707-5900 Zoom ID: 485 894 793 Password: 010978*

**PHONE NUMBERS**

**PENINSULA AREA SERVICE COMMITTEE**

PO Box 14028  
Newport News, VA 23608

Meets 1<sup>st</sup> Saturday of each month @ 3:00 PM  
Bethany Methodist Church 1509 Todd's Ln, Hampton, VA 23666

**ACTIVITIES SUBCOMMITTEE**

Meets 3<sup>rd</sup> Saturday of each month @ 2:00 PM  
**Virtual Meeting:** Zoom ID# [828 7644 7784](https://us02zoom.us/j/82876447784) - PW: unity2021

**HOSPITALS & INSTITUTIONS SUBCOMMITTEE**

Meets on the Sunday following Area @ 2:00 PM  
Wesley United Methodist Church, 2510 N Armstead Ave Hampton, VA 23666

**LITERATURE SUBCOMMITTEE**

Meets 2nd Saturday of each month @ Library to be announced

**POLICY SUBCOMMITTEE**

Meets on the Sunday following Area @ 1:00 PM  
**Virtual Meeting:** Zoom ID# [816 4154 3631](https://us02zoom.us/j/81641543631) - PW: policy123

**PUBLIC RELATIONS SUBCOMMITTEE**

Meets 1st Saturday of each month @ 1:00 PM  
**Virtual Meeting:** Zoom ID# [853 0778 2088](https://us02zoom.us/j/85307782088) - PW: Relate2021

**Serving Gloucester, Grafton, Hampton, Locust Hill, Newport News, Poquoson, Williamsburg and Yorktown VA.**  
**Part of the Central Atlantic Region of VA: <https://car-na.org>**



**PENINSULA AREA MEETING LIST**

**MAY 2026**

**24 HOUR REGIONAL HELPLINE**  
**800-777-1515**  
<https://peninsulaareana.org>

Meetings Weekly: 56

**MEETING FORMAT LEGEND**

NS	No Smoking	BT	Basic Text
M	Men	O	Open
W	Women	AB	Ask-It-Basket
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	VAR	Format Varies
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
CPT	12 Concepts	WC &	Wheelchair
F2F	Face 2 Face	VM	Virtual Web Meeting
LIT	Literature Study	NP	No Pets
BUS	Public Transportation	ENG	English speaking
LC	Living Clean Study	SPAD	Spiritual Principle A Day Book Study

*“...an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”* Chapter 6, Tradition Five, p. 68, Narcotics Anonymous 6th Edition